

## Day 7 Putting God First

Jesus commands us, “Seek first the kingdom of God and His righteousness” (Matt. 6:33, *NKJV*). We do this by fasting and sacrificing to God’s plan for our life. Look what happens when you fast. “When you take control of your body by fasting, you begin to take control of your inner person.” Fasting gives you more discipline to do God’s will than ever before in your life.

Many people who join in fasting testify that they are closer to God than any other time in their life. Why? Because they are obeying God every minute of the day.

When you are fasting, you will probably be aware of your stomach growling at times throughout the day. Every time you say, “No!” to the hunger pangs of your body, you are telling God, “Yes.” So when you are fasting and see a pizza on television, immediately pray for the election of God’s man as President of the United States. And when you see a big juicy hamburger, immediately pray for government officials who will best govern your state legislators.

There is a final result you get when you choose to fast. It leads you to worshipping God. Every time you put God first in your life, you put Him on the throne of your heart, “But seek first the kingdom of God and His righteousness, and all these things shall be added to you” (Matt. 6:33, *NKJV*) – by Elmer Towns©

### -My Time to Pray-

- Lord, I choose to fast; come sit on the throne of my heart and rule all I do.
- Lord, I choose to worship You with my fast.
- Lord, I pray for spiritual revival in our nation.

## Day 8 Learning to Pray-Ask

Remember, prayer is a relationship with God, and part of that relationship is *prayer-asking*. Why does God want us to ask Him for anything? Isn’t God all-knowing? Can our *prayer-asking* make any difference?

Didn’t Jesus say, “Your Father knows the things you have need of before you ask Him” (Matt. 6:8, *NKJV*)? Yes! So, why are we *prayer-asking* for God to work in the coming election?

Because prayer begins with a relationship with God. Have you ever thought of the possibility that God wants to spend time with you?

Fourteen time Grammy Award winner Ricky Skaggs read my book, *Fasting for Spiritual Breakthrough* and sent word he wanted to spend the day with me just to learn about fasting and prayer. So we spent a Wednesday in September 2007 together.

Sir Edmund Hillary, the first man to climb Mt. Everest, also read the same book and sent word that he wanted to chat with me about fasting. I was making plans to travel to New Zealand to have “tea” with Sir Hillary and talk about fasting, but he died before I could meet with him.

If a famous person wanted to talk to you about prayer, you would probably arrange your calendar to make it happen. But God is greater than any famous person. So now, arrange your calendar for 40 days to fast and pray for the coming election. Your fast could produce the greatest results in history because you are talking with the Lord of the universe. – by Elmer Towns©

### -My Time to Pray-

- Lord, I will draw near to You and try to please You so I will be in a position to *pray-ask* for the coming election.
- Lord, be merciful to our nation.
- Lord, I ask for a miracle in the coming election because I believe You still do miracles.