

Day 33
Fasting to Magnify God

We are commanded to worship God. “Let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name” (Heb. 13:15, *NKJV*). Just as an apple tree produces apples, so our mouths must produce the words of worship from our hearts because we are thankful for all He has done.

Think about what worship does for us. When we worship God we are lifted higher and closer to God than ever before. It puts us on praying ground.

Worship keeps us from becoming bogged down with worry. It focuses on something greater than our present limitations. Worship keeps us from being self-centered and negative.

Every time we worship God, we to learn something more about Him—what He has done for us, and what He has promised to do for us in the future. That deepens our relationship with Him.

Maybe this is why the disciples “were continually in the temple praising and blessing God” (Luke 24:53, *NKJV*), and why Paul dedicated the book of Ephesians “to the praise and glory of His grace” (Eph. 1:6, *NKJV*).

When you magnify God, He becomes larger in your heart. Then you respond in a bigger or better way. You become absorbed with God and you are ready to add effective prayers to your fast. – by Elmer Towns©

-My Time to Pray-

- Lord, I will worship You from the bottom of my heart and I will not hold back any part of myself in my worship.
- Lord, I know You are great and powerful; turn Your people to repentance and save America.

Day 34
Fast to See As God Sees

When you fast for a long time, you begin to see things as God sees them. You begin to see how terrible your sin is. You don’t have to “make” yourself repent. Fast in God’s presence to repent and confess any and all your sins, “If we confess our sins, He is faithful and just to forgive us our sins and cleanse us from all unrighteousness” (1 John 1:9, *NKJV*).

Sin—like cancer—cuts spiritual strength so we can’t do the things for God we used to do. It kills our stamina so we don’t want to pray or read our Bibles or even go to church.

The longer you remain in the light, the more you realize your sin. In your fast, God begins to show you the hidden sins that block the flow of His blessings. Like trash in the fuel line, the engine is poking along with half power. When you get rid of the trash, the flow of energy-producing gasoline will give new life to the engine.

Remember, confession means more than just recognition of its presence in your life. When you *confess*, you say the same thing about your sin that God says. When God says it’s hideous, you must agree with Him and put it out of your sight. – by Elmer Towns©

-My Time to Pray-

- Lord, take away my blindness and show me any sin that blocks Your blessing in my life.
- Lord, I confess my sin (by name), and I ask You to forgive me and cleanse me.
- Lord, I pray for my nation and Christians. May they turn back to You in repentance and revival so You can save our nation.

